

Patient Name:	Patient DOB:	Patient ID:
Date:	Phone:	Completed by: <input type="text"/>

Symptom Acuity Rating Scale (SARS)

Rating Scale	0	1	2	3	4
	No Problem	Very Mild/Rare Problem	Moderate/Occasional Problem	Serious/Repeated Problem	Very Serious/Constant Problem

Instructions: Use the rating scale above to rate each behavioral symptom dimension in terms of either severity or frequency of the stated problem in this youth's life.

High Risk Behaviors	Score	Aggression	Score
Substance abuse	<input type="text"/>	Argumentativeness	<input type="text"/>
Truancy from school	<input type="text"/>	Physical confrontation	<input type="text"/>
Running away	<input type="text"/>	Bullying/teasing	<input type="text"/>
Inappropriate sexual activity	<input type="text"/>	Provokes conflict with family	<input type="text"/>
Theft/stealing	<input type="text"/>	Provokes conflict with peers	<input type="text"/>
Property destruction	<input type="text"/>	Fascination with fire-setting	<input type="text"/>
Curfew violations	<input type="text"/>	Stubborn/passive aggressive	<input type="text"/>
Fighting	<input type="text"/>		

Affect Instability	Score	Self-Harm	Score
Depression/Apathy	<input type="text"/>	Self-mutilating/cutting	<input type="text"/>
(Hypo-) Mania/Restlessness	<input type="text"/>	Suicidal thoughts/statements	<input type="text"/>
Disrupted sleep/Nightmares	<input type="text"/>	Suicidal behaviors	<input type="text"/>
Temper tantrums	<input type="text"/>	Striking objects/head banging	<input type="text"/>
Behavioral impulsivity	<input type="text"/>	Academic Problems	Score
Anxiety/Fear	<input type="text"/>	Declining grades	<input type="text"/>
Loud and intrusive	<input type="text"/>	School suspensions	<input type="text"/>
Crying	<input type="text"/>	Excessive absenteeism	<input type="text"/>
Feels worthless	<input type="text"/>	Refusal to turn in homework	<input type="text"/>
Restless/fidgety	<input type="text"/>	Undiagnosed learning disorder	<input type="text"/>
		Boredom/Lack of motivation	<input type="text"/>

Social Dysfunction	Score	Cognitive Dysfunction	Score
Isolation from family	<input type="text"/>	Memory problems	<input type="text"/>
Isolation from peers	<input type="text"/>	Confusion	<input type="text"/>
Defiance of family rules	<input type="text"/>	Auditory/visual hallucinations	<input type="text"/>
Inattentiveness	<input type="text"/>	Paranoid beliefs/suspicious	<input type="text"/>
Victim of bullying/peer pressure	<input type="text"/>	Medical/Physical Problems	Score
Inappropriate peer affiliations	<input type="text"/>	Hygiene	<input type="text"/>
Social skills deficits	<input type="text"/>	Asthma	<input type="text"/>
Clingy and dependent	<input type="text"/>	Enuresis/encopresis	<input type="text"/>
Lonely	<input type="text"/>	Clumsy/uncoordinated	<input type="text"/>
Affiliates with younger peers	<input type="text"/>	Speech problems	<input type="text"/>

Family Functioning	Score	Outpatient Treatment	Score
Poor/no communication	<input type="text"/>	Refuses to attend	<input type="text"/>
Disrespectful behaviors	<input type="text"/>	Counseling unavailable	<input type="text"/>
Dishonest behaviors	<input type="text"/>	Not medication compliant	<input type="text"/>
		Medications ineffective	<input type="text"/>

References

Sperbeck, David J., Mayo, Andrew M. (July 2016) "Measuring Child and Adolescent Psychiatric Treatment Outcomes: The Development and Validation of the Symptoms Acuity Rating Scale" Journal of Projective Psychology & Mental Health, Vol 23, 2, 82-89.

